02-09 APRIL 2024 CAPE TOWN SOUTH AFRICA



Robert Steinbacher & Nicole Gibbard









For Details & Reservation **www.yogactivity.ch**

THE HOLIDAY OF A LIFETIME A cooperation of YOGACTIVITY and inZENtive

7 days with Robert Steinbacher und Nicole Gibbard, in one of the most luxurious villas in Cape Town.

The magnificent location of this private residence backs directly onto the majestic Table Mountain, with stunning 360-degree views of the National Park, Cape Town and the sea.

We guarantee your stay with us will be unforgetable!

Each day will offer BODYART and inZENtive classes as well as private tours and organized trips with our local guide, allowing you to experience all the area has to offer.

Our private chef will prepare a fabulous brunch and dinner for you with fresh products of the region, some typical South African specialities, and a hand picked selection of some of the areas famous local wines.

We will also eat out on some of the days so you will have the chance to experience the marvellous cuisine in the cities top restaurants.

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PRICE DETAILS

- The prices of your holiday will depend on the suite type you choose.
- Each suite offers a living area, ensuite bathroom, and terrace. Some suites have twin beds, so we are able to accommodate all wishes.

Prices are from € 3'450.00 per person in a ◆ double suite. Please contact Nicole for the

details.

ACTIVITIES

Each afternoon, we have chosen the best tours and activities in the area for you to enjoy with us, to fully immerse you into the culture and nature of this incredible environment.

- BODYART, inZENtive and Yoga classes each day
- Guided tour of Table Mountain
- Snorkelling with Seals
- Tour of the Botanical Gardens
- Day trip to Cape Point with picnic on Boulders Beach to visit the penguins
- Wine Tour and lunch
- Fabulous brunch and dinner prepared with fresh local products & specialties of the region by our private chef.

A TYPICAL DAY

08.00-09.00	Class
09.00-09.30	Tea & Fruits
09.30-10.45	Class
11.00-12.30	Brunch
12.30-17.00	Organized afternoon tour or activity
17.30-18.30	Class
19.30	Dinner

TRAVEL LOGISTICS

- Flights are not included and should be booked to arrive Tuesday 2 April & to depart on Tuesday 9 April from the villa.
- Private pick up & drop off from/to the airport will be arranged.



